little guide for au pairs

Au Pair China Guide 2025



{ Cultural Exchange Program }







Index

About LoPair
Your Qualifications
Your Responsibilities
Your Host Family
Your Typical Day
Your Advantages
Why Us?
Our Support
Steps from Here
Contact

About LoPair Since 2011

Founded in 2011, LoPair is dedicated to promoting mutual understanding and intercultural learning using its care program Au Pair China.

Under the motto Learn Through Living Together, LoPair Au Pair China is a program that provides Chinese host families and foreign au pairs with the ultimate cultural exchange experience. On top of language learning, both au pairs and host families will learn from each other's values, customs and traditions through spending 3-12 months under the same roof.

LoPair is at the forefront of the Chinese au pair industry by placing participants from around 20 countries/regions in over 10 major Chinese cities. We provide services such as arrival orientation and training camps, au pair educational courses, local support and numerous customer satisfaction projects.





Between 18 and 30 years old



Highschool graduates or above



In good health (physical & mental)







Have a real interest in Chinese culture



A real passion for working with children



Open-minded towards different cultures



Good communication skills

Your Qualifications

We invite applications from candidates fulfilling the criteria as above. If you have any questions regarding these criteria, don't hesitate to get in touch!

Your Responsibilities

Here's a brief overview of the kind of responsibilities you might be expected to undertake with a host family in China:

1 Aid in foreign language learning

Speak with your hosts in your language to help them build up their language skills;

Share your language-learning tips and tricks;

Help children with their homework and to prepare for tests;

Help with some translation or proofreading every so often.



2 Get to know another culture

Go to movies, read books, share feelings and ideas with each other;

Exercise and travel together, join in with festivals and gatherings of friends;

Experience Chinese cuisine and learn to cook in a new style;

Discuss and exchange culture and customs;

Share hobbies and interests with one another.



Help take care of the children

Help them get ready for school in the morning

Engage the children in fun games and activities

Help get the kids to school and other activities;

Help ensure that the kids rooms stay clean

Read bedtime stories and help the children get ready for bed



Assist with the housework

Assist in the preparation of simple meals
Help with the washing up

Help keep your host's home nice and tidy

Take the dog for a walk (or other pet-related things)



Your Host Family

Our host families are required to fulfill the following criteria in order to participate in the programme:



Have the financial and physical means to host and support you



Minimum two family members (including children usually aged 2+)



Consider you as a family member



Be home visited by a Lopair representative



Aid in your understanding of Chinese culture and language



Have a real interest in and basic understanding of your culture





Your host family is required to fulfill certain requirements that ensure you have a safe, happy and successful exchange. The exact elements of your exchange will be arranged with your family closer to the time, but their key responsibilities are:

Single room with three meals a day

Provide you with a safe, comfortable single room with internet access, and three meals a day (or food for cooking)



100

Pocket money

The exact number that your family will pay you each week will be arranged with them, but we insist on a minimum of 2,000 RMB per month - easily enough to explore your local area



Pay Lopair all relevant administrative fees, supporting us to support you!



8:00

Eat breakfast with Sam and Jennie

8:30

Bring Sam to school, bring Jennie to kindergarten

9:30

Go to Lopair Mandarin classes

12:00

Have lunch with other au pair classmates

13:00

Free time to explore the city

16:00

Pick up Sam and Jennie

16:30

Play with Sam

17:30

English tutoring time for Sam

18:30

Dine with the family

19:00

Take a walk with Sam and Jennie

20:00

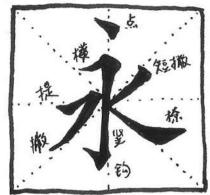
Story time for Jennie before going to bed

after 20:30 is your free time

Your Advantages

Learn about one of the world's most important cultures

China is rapidly growing into its role as a global leader, but there's no doubt that people in China do things differently. By living and engaging with a Chinese family, you will gain a unique insight into the attitudes and mindsets of the Chinese people and forces that make this fascinating country tick.





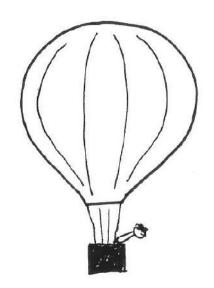
Improve your language skills

There's no better way to learn a language than cultural and linguistic immersion, which is exactly what you can achieve with a Culture Bridge exchange. Use this as a chance to brush up on your Chinese or, if you're only a beginner, get started with this fascinating language in the best way possible.

Build up international connections

Our cultural exchanges nearly always lead to long-lasting and unexpected new friendships, but the opportunities don't need to stop there. With China developing and growing at an unprecedented rate, you'd be surprised where your new friendships might take you in the future...





Broaden your perspectives.

There's more than one side to every story, something that seems to be true in China more than anywhere else. By living and sharing with people from a radically different background to your own, you'll encounter a whole new approach to the world with the potential to change the way you think.

Have fun

All this doesn't have to be hard work! Cultural exchange is not just fulfilling, it's really good fun, too. In meeting new people and doing surprising new things you'll create new memories that will last a lifetime.



Eat amazing food

There's a reason why Chinese food has spread across the earth; it's amazing. From delicious steamed buns to spicy hotpot, Chinese food varies hugely across the country, but always has one feature in common – deliciousness. But be sure to take down some notes - having spent your exchange feasting regularly on lovingly prepared traditional meals served at the family dinner table, you'll need them for when you return home.





Safety

We make sure every LoPair family has been pre-screened and home-visited

We book comprehensive au pair insurance

We offer 24/7 WeChat Customer Service

Mutual Match

We offer the choice of interviewing with multiple families

Au pairs will free to make the best decision on their own

We support rematch after failed mediation at all times





Personal Service

An assigned local coordinator will be visiting au pairs and their family within 72 hours upon arrival and follow up every 30 days to check in

Networking

We provide a 2-day arrival orientation camp including a group tour when 5 au pairs arrive on the same day

LoPair Family Club allows au pairs to meet with other au pairs and families





Education Components By Blended Learning

Mandarin Class: At least two hours of private

mandarin classes per week

Cultural Activity: One activity per month

Webinar: Webinars before come to China

Fun

We guarantee free weekends and paid vacation days as part of the program

Local coordinator organizes hang-outs for au pairs to explore the city





Places

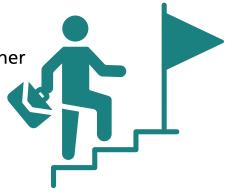
We place au pairs in metropolitans such as Beijing, Shanghai, Hangzhou

We offer face-to-face mandarin classes and cultural courses in the central hub of the city that is easy to get via any transportation

Post-Program Options

LoPair works with reputable universities and companies in China to take our au pairs further to study/ work/ travel options in China

LoPair alumni arranges networking and post career development information on alumni network





Honor & Prizes

In March 2017, LoPair Au Pair China participant Georgina Pinson won IAPA Au Pair of The Year Award 2017, becoming the first Chinese au pair company to be entitled with such honor!

Our Support Network

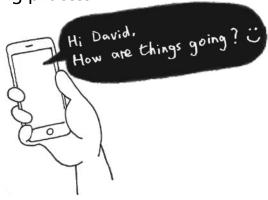
An overseas representative or LoPair international Partner will guide you throughout the application process and answer all your questions.

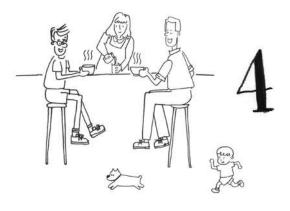




An exclusive placement manager will introduce you to potential host families and provide assistance as necessary during the matching process.

Our ex host mom and experienced trainer will be in touch with you before and after your arrival to provide personalized orientation and educational advice.





An assigned local coordinator will visit au pairs and their family upon arrival, follow up during the course of the program and organize hangout irregularly.

Our travel coordinator will lead you through flight booking, visa application or even Mandarin classes registration and insurance claims and be your travel advisor throughout the program.



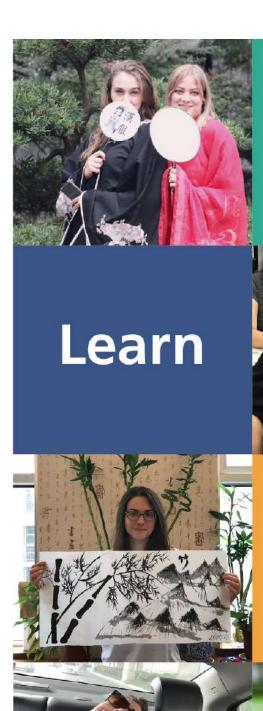


6

A WeChat group consisting of multiple staff will provide timely consultation and monitor the quality of the match throughout the program.

Steps from Here

- Application
- Register on Lopair system
 - Submit application
 - Pre-Screening
- Matching Process
- Host family interview
 - Confirm offer
 - Sign matching documents
- Visa Application and Pre-Departure Register for Mandarin school → School provides visa documents → Apply for visa → Book flights → Pre-departure orientation

















Care



Explore





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